WA's GREAT Outdoors CARAVANNING CAMPING ACCOMMODATION

Do something different and head up, up and away to Northam this September



Balloons over the Northam grain silos

ALL eyes will be on the skies in Northam this September when the

National Ballooning Championships descends on the town in the heart of the Avon Valley, creating a spectacular aerial display.

After successfully staging this majestic event in 2015, Northam Aero Club won the rights to host it again

From 2 to 9 September, hot air balloon pilots from across Australia and around the world will descend on the Avon Valley, testing their skills at varying winds and altitudes. About 30 balloons will be in flight during the course of the event.

To see so many colourful balloons in the sky at the one time is a visual treat for spectators.

Enthusiasts can see the balloons flying across the rolling hills and valleys on competition days at dawn and again in the afternoon if weather conditions are suitable.

The event launches with the

Northam Balloon Fiesta and Balloon Glow on 2 September. The Fiesta will include a range of family attractions and the opportunity to see competition balloons in all their glory when they gather for a stunning display on the Henry Street Oval, fired up after dark and to music. Stay the night and see the balloons in flight the following morning. Practice days are 2 and 3 September and Competition Days are from 4 to 9 September.

The championships conclude with the key grab competition - a flying task departing from the Northam Airfield at first light on Saturday 5 September. Pilots fly from point to point, collecting foam keys from the end of 10 metre poles in several lo-

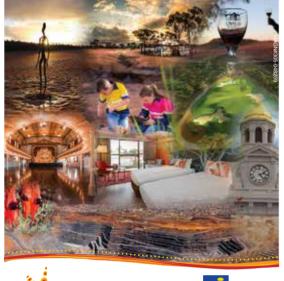
The competition course and best viewing spots will differ each day based on wind conditions. Spectators should check the event's Facebook page (Northam Nationals) to see where flights will be each day, or start at the Northam Aero Club at Withers Street, Northam to be directed from there to where balloons will take off from that day. Morning flights will be from about 6.30am to

let's got ravelling

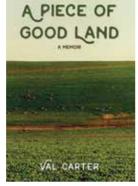
For more information visit www. northamnationals.com, email info@ northamnationals.com or receive updates on Facebook - www.face book.com/northamnationals and Instagram @northamnationals.

A special TransWA event train will arrive in Northam from Perth at 4pm and will depart at 9pm. For accommodation information call the Northam Visitor Centre on 9622 2100 or email tourist@northam.wa.gov.au.

Book review - A memoir of life on the land in WA







A Piece of Good Land -A Memoir By Val Carter Reviewed by **Paleeya**

IN 1955 Ron and Val Carter purchased a 3,600acre block of virgin land 60 miles west of Moora. Travelling from Meckering a couple of times a

year to fence, clear and crop they were living in a shed in the company of snakes, bushflies and centipedes. It was so hot that they buried their vegetables to keep them fresh. It took them 12 vears before they moved permanently to the block which had now become their home, a farm called Four Corners in the Badgingarra district. This pleasing memoir chronicles the experience of the Carters and family over many years and their association with the land, the community, and some interesting characters along the way.

Frank Fragne and Fred Weston became friends of the Carters and their stories are told in great details in chapters six and eight respectively. Fred was known as a hermit, he lived in the bush and had several huts dotted around the scrub. He had spent time with the Aboriginals and shared their bush knowledge with the Carters. He was a little eccentric and would often ride his horse bareback and naked through the scrub.

Frank was a Bindoon Boys Town boy employed by Ron in 1956 when he was sixteen. He had been a child migrant and entered Bindoon when he was ten. After being institutionalised he took a while to adjust to family life on the farm but a great bond was formed and continues to this day.

Val and Ron have their stories also in chapters two and three. Ron recalls that as a child if he was sick his dad would shoot a parrot for his mum to make soup, if no parrot then a plucked plover did the trick (Heston is so passé!). Val recalls making her bridesmaids' dresses and feeling very pleased with herself, but a week before her wedding there was a locust plague and they ate holes in the dresses. She recovered them with broderie anglaise - it worked. This is such a good read, chock full of facts, figures, anecdotes, humour and hardship, and significantly records

much history of Dandaragan Shire.

A Piece of Good Land is available from Vivid Publishing, P.O. Box 948. Fremantle, 6959, Phone: 9467 4143. Email: info@ vividpublishing.com.au

WIN WIN WIN

We have one signed copy to give away. To be in the draw please email to win@ haveagonews.com.au, with the book title in the subject line or write to A Piece of Good Land, Have a Go News, PO Box 1042, West Leederville WÁ 6901. Don't forget to write your name, address and telephone number on the back of your envelope. Competition ends 31/8/17.

IN CONJUNCTION WITH THE 2017 KONDININ ART EXHIBITION AT THE TOWN HALL OPENING NIGHT FRIDAY 6TH OF OCTOBER Art Exhibition open July 10am to 4pm from Sutterday 7th to Wednesday 11th October 2017 Food, Beer & Wine Special Guests Anna Gare and Live Music Sophie Budd Fire Drum: Variety of Stalls **Bush Tucker Kids Activities** SATURDAY 7th OCTOBER 3pm - 8pm 3 WITH STALLS FROM 3PM UNTIL 6PM To the boston ISI

www.kalgoorlietourism.com



Mitsui Sumitomo Insurance Company, Limited, ABN 49 000 525 637, issues InsureandGo Travel Insurance (the insurance). Please read the combined product disclosure statement and financial services guide available at www.insureandgo.com.au/policy-wordings.html to decide if the insurance is right for you.

Aussie physiotherapist designs slower paced relaxing tours for older people



Jerusalem Western Wall

SENIORS still want to travel and see the world, but often struggle to keep up with regular, fast-paced tours... or feel vulnerable travelling alone.

Trish Duke, a physiotherapist with more than 40 ears experience, has seen the need for holidays that are specially designed for people with physical challenges, such as arthritis, cancer, diabetes, visual impairment, strokes, cardiac and respiratory issues etc... or just don't want to be rushed from place to

Over the years, Trish has sympathised with patients

who were unsure about travelling and treated those who came back after a holiday worse for wear. So, she has designed tours at a slower pace, with minimal steps, walking, standing, slopes or rough ground.

Trish escorts 10-day tours to the Holy Land where she has travelled extensively for more than 10 years and loves the amazing archaeology, history, stunning scenery, diverse cultures and religions. The locally produced food is so fresh it almost jumps off the plate. Find out more at www.EasylsraelTours.com.

Another tour is 14 days at the Dead Sea. History tells us that Dead Sea treatments are beneficial to people with any type of arthritis, psoriasis, vitiligo or respira-

It's a unique healing environment, as well as a stunning holiday destination. Even Cleopatra and the Queen of Sheba went there for ancient holistic medi-

The free Dead Sea treatments consist of sunlight plus rich minerals in the mud, salt water and an atmoohere that penetrates deep into vour body. Beind the lowest place on earth, the harmful UVA rays can't reach there, so you can soak up the goodness of the sun without burning.

To learn more about the scientific research on this treatment go to www.MyHealingHoliday.com or phone Trish on 0414 54 3843.

Win one of 20 cook books - Aussie Pears - Rediscover Australian pears



AUSTRALIAN Apples and Pears are offering *Have a Go News*' readers the chance to re-discover the joy of cooking pears by giving away 20 delightful full colour cook books. Featuring 60 luscious and inspiring pear recipes it will certainly ignite a passion for exploring the joys of all Aussie

Gain a sneak preview of the book and access to all these gorgeous recipes by joining www. facebook.com/australianpears or visiting www.rediscoverthepear.com.au WIN, WIN, WIN

To be in the running simply

note your favourite pear variety, your name, phone number and email address and send to win@haveagonews.com.au with pear in the subject line or write to Pear Book Competition C/- Have a Go News PO Box 1042, West Leederville 6901.

Books will be available for winners to collect from reception at Have a Go News office.